

UPDATE

Australian Rotary Health Research Fund

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A U T U M N • 2 0 0 5

Chairman's Report - John Ranieri

DGE awarded medal

It was an absolute pleasure to present the 2004 ARHRF Medal to DGE Noel Trevaskis at the Rotary Zone Institute held in Launceston last November. The Medal was awarded for Noels untiring efforts in promoting an awareness of Mental Illness to numerous Rotary Clubs and business organisations throughout much of eastern Australia. Noel is an enthusiastic advocate for mental illness, and having been a consumer (sufferer) himself many years ago he understands the concerns and stigma still facing consumers in our society. He was a unanimous selection and is a most worthy recipient of the Medal. We congratulate him and wish him well in his year as District Governor.

Treasurer gets life

Being a treasurer of any organisation is no easy task. Being treasurer of ARHRF is no exception, preparing quarterly reports, proposing budgets, maintaining a vigilant eye on investments and expenditure and with 10 Board members questioning every dollar spent and earned, you can understand that the treasurers role is not a coveted one. PDG Ron Beslich has taken to the role with more flare and a far broader approach than any treasurer I know. A director of a large commercial building company Ron has continued to challenge the Board on not only fiscal policy but on a comprehensive new business outlook. He has been responsible for the establishment

and maintenance of our Business Plan in consultation with the Board and is forever looking to think "beyond the square" on matters of research, accountability and business opportunity.

For all this we were delighted to offer Ron Life Membership to ARHRF at the Launceston Rotary Institute. Ron has now completed his term on the board but remains as our Honorary Treasurer. Congratulations Ron - well deserved.

Rotary Centenary stimulates Health Safari

Thanks to John Flower, our Event Coordinator, and Chairman of the Safari committee, PDG Dick White, for their enormous effort to date on the way to achieving a challenging new initiative for Rotary Health. See the full story of the launch later in this newsletter.

Following is supportive email from John McGrath, former chairman of the Mental Health Council of Australia and currently a Director of "beyondblue", which I share with you all.

"Congratulations to all at ARHRF for yet another outstanding initiative.

Those of us who have been involved in Mental Health over many years are both inspired and encouraged by your continuing enormous contribution to this very important work.

Believe me your long term commitment is making a real difference in "REAL" lives.

Someone once said " we should all aspire to leave this world the better for us having been here ".

To all at ARHRF you have both aspired and achieved.

Well done Rotarians and Thank You."

Rotarians Australia wide should take pride in the esteem your ARHRF is held.

L to R - DGE Noel Trevaskis, ARHRF Chairman John Ranieri and Treasurer Ron Beslich.



Funding Partner Grants and Scholarships for 2005

Scholarships – each \$25,000

- Ms Vilija Jokubaitis,
University of Melbourne
District 9800 – Multiple Sclerosis,
Brain Repair
- Ms Deepa Chauhan, University of Sydney
District 9640 and 9650 – Bowel Cancer
- Dr Francis Lam, University of Sydney
District 9640 and 9650 – Bowel Cancer
- Ms Anna King, University of Tasmania
Rotary Club of Deloraine
– Motor Neurone Disease
- Mr Ian Kwan, University of Wollongong
District 9650 – Prostate Cancer
- Mr Simon Apte, University of Queensland
Rotary Club of Toowong Brisbane West
– Auto-immune Diseases

Scholarships are still under evaluation for the following Clubs and Districts

- Rotary Clubs of Claremont Cottesloe and
Nedlands – Cancer
District 9780 – Bowel Cancer
- Rotary Clubs of Belvoir Wodonga and
Carlingford – Motor Neurone Disease

Research Project Grants

- \$54,000 – Dr Gregory Snell, The Alfred
Hospital – Rotary Club of Williamstown –
Methods of preserving organs for transplant
- \$27,000 – Dr Roger Pamphlett, University
of Sydney – Rotary Club of Carlingford
– Motor Neurone Disease
- \$49,500 – Dr Jasmine Henderson,
University of Sydney – Rotary Club of
Liverpool West – Parkinson's Disease
- \$28,512 – Dr Dan Catchpoole,
Children's Hospital Westmead
District 9680 Clubs
– Childhood Leukaemia
- \$26,994 – Dr Jane Blake-Mortimer,
University of Adelaide
Rotary Club of Adelaide – Cancer
- \$25,000 – Professor Ranjeny Thomas,
University of Queensland
Greater Ipswich Clubs
– Rheumatoid Arthritis

Research Project Grants still under evaluation for the following Clubs

- Rotary Club of Caringbah
– Motor Neurone Disease
- Rotary Club of South Launceston
– Youth Suicide

Chairman's Report – John Ranieri – continued

Partnerships given thumbs up by Rotary Clubs

Our new program Funding Partners has proved to be an outstanding success since the idea was developed in November 2002. The Board has recently approved an additional \$200,000 to take up opportunities being provided by Rotary Clubs and Districts who wish to fund research grants or Phd Scholarships in health areas of their choice.

The program allows Clubs and Districts to partner with ARHRF for funding and maintain an involvement with the researchers undertaking the research. The program benefits for the club or district are:

- Increased funding available for the research
- Research carried out in the State of the partnering club/district
- Involvement with researchers - (guest speakers and tracking progress of their funded research)
- Opportunity to choose research theme undertaken

The Project Grant (Spinal Cord Repair) partnership with Rotary Club of Melville WA (D9460) is now in it's final stages and we await reports on the findings.

Professor Fiona Stanley draws huge crowd

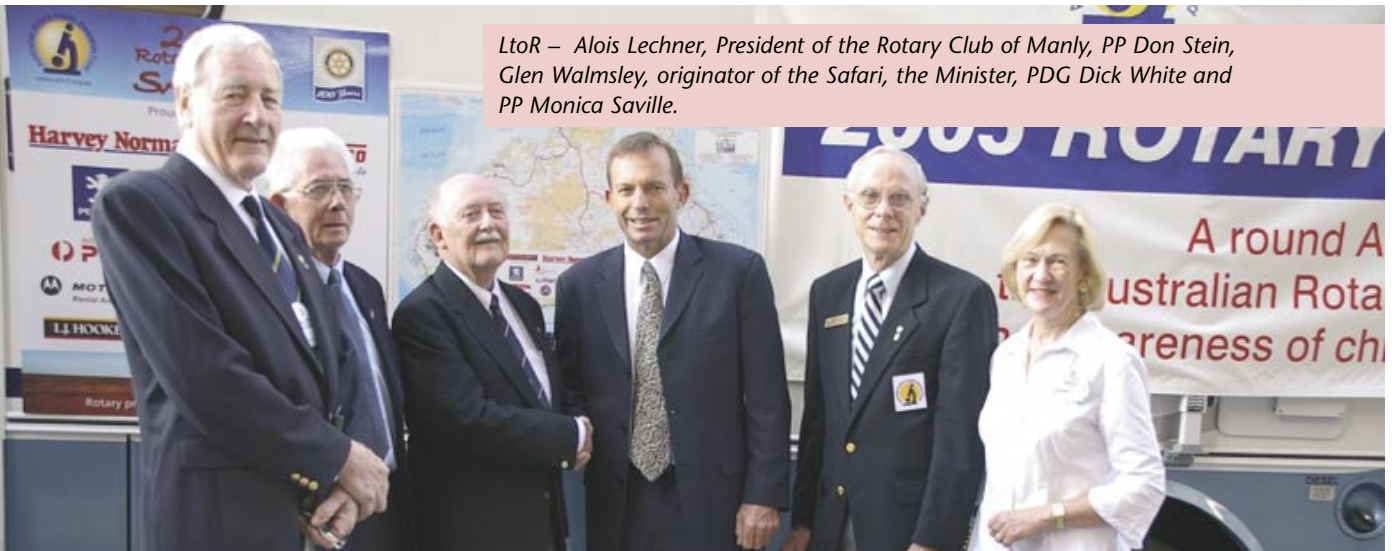
"An Evening with Professor Fiona Stanley" held on March 1 at the South Perth Yacht Club drew a crowd of 285 to a sit down dinner to hear the Australian of the Year 2003 speak on youth health issues in particular mental health. The audience of Rotarians and partners from the three WA Rotary districts were entertained by Fiona's down to earth approach to many issues affecting youth and parents today.

She commented on the lack of funding and Government commitment to community facilities, particularly ones that give support to mothers and children.

The evening also included interviews with the chairman of the Mental Health Council of Australia Keith Wilson, chairman of the board of ARHRF and researchers who are funded by ARHRF in WA. The evening succeeded in meeting its objective of disseminating information on ARHRF and its programs in an atmosphere of fun and fellowship. Our thanks to all clubs who supported the event.

ARHRF Chairman John Ranieri with Professor Fiona Stanley.





LtoR – Alois Lechner, President of the Rotary Club of Manly, PP Don Stein, Glen Walmsley, originator of the Safari, the Minister, PDG Dick White and PP Monica Saville.

Rotary Health Safari Launch

MARTIN PLACE, SYDNEY FEBRUARY 23RD 2005

The Rotary Health Safari was launched by Health Minister Tony Abbott in Martin Place, Sydney on Wednesday February 23rd to coincide with the 100th birthday celebrations of Rotary International.

The morning began with music from the jazz band The Kind Chorus Four, followed by a smoking ceremony and Welcome to Country from tribal elder Uncle Max of the Budgetti tribe.

Guests were then welcomed by 9750 DG Bob Richards who invited

*Rotary Health Safari
Event Co-ordinator, John Flower*



*The Minister for Health,
the Honourable Tony Abbott.*

ARHRF Chairman John Ranieri to introduce the Minister.

During his speech Tony Abbott talked about his involvement with Rotary on Sydney's Northern Beaches through Manly Club President Alois Lechner.

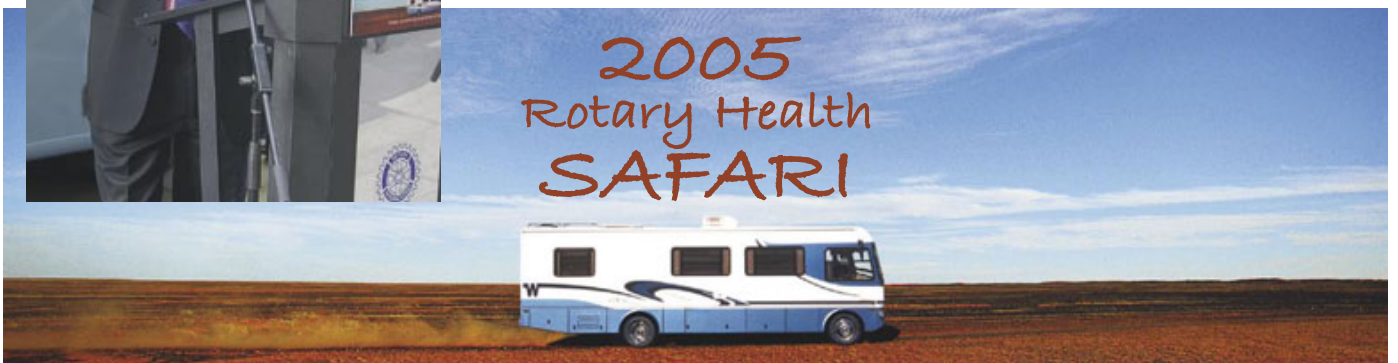
Mr Abbott welcomed special guests present including the former Speaker of the NSW Parliament John Murray and Professor Ian Hickie from beyondblue.

Also present at the launch was Glen Walmsley from Victoria who is the instigator of the Safari. Glen has been a strong advocate of an event

such as the Safari for over seven years and he was delighted to see it finally coming to fruition.

Ben Binns of Winnebago Industries drove an Explorer motorhome to the launch similar to the one that will travel on the Safari. Alongside it was a Peugeot 407 Touring provided by Peugeot, although the turbo diesel version to be used on the Safari will only arrive in the country in April.

Members of Sydney CBD used the launch as an opportunity to hand out leaflets for a membership drive outlining the work of Rotary and the ARHRF.



Mental Illness Project Grants & Scholarships

Amount 2nd/3rd
Funded Year
2005:\$ Grants

55,500	2nd	Prof. Ron Rapee, Macquarie University, NSW – Comparing the costs and effects of school-based and parent-run help for anxious children
5,000	3rd	Prof. Mark Dadds, University of NSW – The evaluation of an early intervention and prevention program for children and families at-risk of conduct problems
46,000	3rd	A/Prof. Susan Paxton., La Trobe University, Vic. – An examination of the efficacy of an internet delivered group therapy program for body image and eating problems: A randomised controlled trial
22,000	2nd	Prof. Phillipa Hay, James Cook University, Qld. – Can providing information about “treatments that work” close the gap for people with un-met need for treatment of an eating disorder: A randomised controlled in a targeted at-risk sample
53,560	3rd	Prof. David J. Kavanagh, University of Qld. – Collaborative Management of Depression & Alcohol misuse by General Practitioners & Correspondence-based Programs
58,813	2nd	Dr. Kristy Sanderson, Queensland University of Technology – Reducing the individual and societal burden of mental health problems in working adults: a longitudinal analysis
57,330	2nd	Dr. Rodney Petersen, University of Melbourne – Counselling to reduce anxiety and depressive symptoms in women with a new diagnosis of gynaecological cancer.

New Grants

18,700		Ian Scott Fellow 2002/3/4 Melanie Porter, Macquarie University, NSW – Correlating Cognitive and Genetic Variability in Williams Syndrome
59,750		Hugh Lydiard Fellowship Prof. Anthony Jorm, University of Melbourne – Development of Mental Health First Aid Standards
52,000		A/Prof. Tracey Wade, Flinders University, SA – A pilot randomised treatment trial for anorexia nervosa: utilisation of therapeutic writing in outpatient therapy versus treatment as usual
59,750		A/Prof. Cathy Owen, Australian National University – Randomised Controlled Trial of the Treatment of Post Traumatic Stress Disorder (PTSD) for Community Mental Health Services (CMHS) Clients with a Co-existing Psychiatric Diagnosis
40,494		Prof. Maurice Eisenbruch, University of NSW – Mental Health Literacy and Barriers to Utilisation of Mental Health Services among Chinese Australians

Amount 2nd/3rd
Funded Year
2005:\$ Grants

60,000		Prof. Matt Sanders, University of Queensland – Every Family Project: A population health approach to reducing emotional and behavioural problems in young children and their families
50,610		Prof. Matt Sanders, University of Queensland – Teachers as Parents Project. Examining the work-family interface: The impact of a worksite parenting intervention on family and occupational functioning
48,350		Chanaka Wijeratne, University of New South Wales – Late-onset bipolar disorder: investigating causes, clinical characteristics and treatments
51,520		Prof. David Kavanagh, The University of Queensland – Detection of relapse risk and improvement of health risk behaviours in people with depression: Randomised controlled trial of correspondence-based assistance to general practitioners
30,000		Dr. Lyndall Strazdins, Australian National University – Job quality and the mental health of working parents and their children
59,750		Prof. Vaughan Carr, NISAD, NSW – Schizophrenia DNA Bank
58,070		Dr. Nick Kowalenko, Macquarie University, NSW – Pilot home visiting early intervention for postnatal depression

Grant-in-Aid

10,000		Dr. Reg Nixon, Flinders University, SA – How to best identify and treat children at risk for developing post-traumatic stress disorder
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Royce Abbey Scholarships

60,000	3rd	Dr Maree Abbott, Macquarie University, NSW – Anxiety Disorders
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Ian Scott Scholarships

26,000	2nd	Katherine Morley, University of Queensland – Using genetics to help people stop smoking
26,000	2nd	Christine Mavros, University of Melbourne – Identifying the toxic principle in Alzheimer’s Disease
13,000	2nd	Nathan Clunas, University of NSW – Brain mechanisms of attention problems in people with Schizophrenia and bipolar disorder
13,000	1st	Alexandra Howard, University of NSW – Toward the prevention of relapse to drug-seeking (to commence 1/7/2005)
26,000	1st	Felice Jacka, University of Melbourne – The relationship between mood and anxiety disorders and nutrition
7,000	1st	Kirstin Barchia, Macquarie University, NSW – School Interaction Study: Bullying in High Schools
26,000	1st	Julia Ellis, Monash University, Vic – Nicotinic neuroreceptor imaging with PET in normal ageing and Alzheimer’s Disease

CHILDHOOD ANXIETY – a research report

First funded in 2000 by Professor Margot Prior and Ms Julie Barrington from the Royal Children's Hospital, Victoria

About 10% of children suffer from anxiety disorders severe enough to cause high levels of distress and to interfere with their involvement in activities important for their normal development. If untreated, childhood anxiety disorders are likely to persist and are associated with depression and other serious mental health problems in adolescence and adulthood. Research conducted in university clinics and school settings have shown cognitive behaviour therapy (CBT) to be significantly better than no treatment, with a success rate of between 60% and 90% in treating children with anxiety disorders (on average 70% of children are diagnosis free post treatment). Some of these studies have identified maternal anxiety to be a risk factor for treatment outcome. However, conditions in university and school based research differ substantially from those found in conventional clinical settings such as mental health services and very few studies have been conducted in clinical settings.

In order to guide best practice, it is important to identify treatments tested and shown to be effective in real life clinical settings. However, there is virtually no research evidence to show that treatment in conventional clinical services improves outcome for children with anxiety disorders and most treatments have not been tested in real life clinical settings.

This study, funded by ARHRF (later Murdoch Children's Research Institute) and conducted in the Royal Children's Hospital Mental Health Service, is one of the first studies in the world to assess the effectiveness of CBT in a community clinic setting and the only one to date comparing CBT with other standard treatments provided in child mental health services (such as child psychotherapy, family therapy, play therapy and eclectic approaches).

Fifty-four children, aged 7 to 14, were involved in the study. Therapists were clinicians trained



Professor Margot Prior



Julie Barrington

and experienced in the treatment they provided and were employees of the RCH mental health service. Measures of the child's anxiety were taken before treatment and three six and 12 months later from questionnaires completed by parents, teachers, the children themselves and a diagnostic assessment conducted by an experienced clinical psychologist who was unaware of the treatment conditions. Mothers also completed a self-report questionnaire about their own anxiety.

Results showed that CBT and standard non-CBT treatment were equally effective in treating childhood anxiety disorders. 71% of the children were anxiety free twelve months after treatment commenced and there was a significant reduction in anxiety symptoms over this time. Maternal anxiety was found to be a risk factor for treatment outcome.

This study has made a major contribution to evidence regarding the effectiveness of psychological treatments for childhood anxiety disorders in clinical settings such as mental health services.

Findings that CBT treatment is effective for childhood anxiety disorders, but also that treatments other than CBT can be equally effective, have important implications in developing guidelines for best practice in Australia and overseas and for planning clinical services. However, this study has also identified the need for further research in clinical settings to identify the effective elements of change and the factors mediating and moderating treatment outcome.

This study also demonstrated the need to address maternal anxiety in treatment of childhood anxiety and for further investigation of maternal anxiety as risk factor for treatment outcome in clinical settings.

Finally this study provides a model of how research can be conducted in clinic settings, and demonstrates the need for more collaboration and exchange between researchers at universities and clinicians, to maximise the potential of both in finding the most effective ways to treat childhood anxiety.

ARHRF Mental Illness Awareness Forums 2005

April

20 Rotary Club of Beaumaris,
Vic. – Moorabbin Town Hall,
6.30pm

May

11 Rotary Club of Wishart, Qld.
– Mansfield High School,
6.30pm

18 Rotary Club of Baulkham
Hills & Winston Hills, NSW
– Castle Hill Community
Centre, 6.30pm

ARHRF Indigenous Health Scholarship

James Charles recently qualified as a podiatrist

PP Geoff Bailey, the instigator of the Indigenous Scholarship program rang James recently.

"James was just so happy to hear from me, he almost climbed through the phone, and just wanted to let me know how much this scholarship had meant to him.

He told me that at 14 he was illiterate, but that for some reason suddenly decided he wanted to do something with his life, so went back to school and matriculated.



He wanted to go to University to learn something, and started a BA degree before switching to podiatry.

He applied for a scholarship with Rotary, and was granted it and has now qualified – and is employed.

James is now 37 and married and has 4 children with a 5th on the way, and he said quite frankly that without Rotary's help there is no way he could have been able to make it through University. Even with our financial help it was a struggle as all he had was Abstudy plus our scholarship – and a wife and 4 kids.

As he said the other students had parents who could help them with the extra expenses, but he had no one, but says everyone was good to him, which was good to hear.

He was just so grateful, and wants to say thank you, so I told him that I was ringing him to claim some payment for his help. When I said I wanted him to speak to a Rotary Club he was more than happy to agree, because without Rotary he would be nowhere, and now as he says--- I have a career to look forward to, and I want to study some more and improve myself even more!!"



LONG AND WINDING ROAD FINALLY COMES TO AN END

Aleeta Elliott can hardly believe she has made it

After 11 long years of study, the mother of three graduated last December and be on her way to becoming a rural GP in Aboriginal communities.

But it will be a double celebration – as she was also the first person to be awarded an ARHRF scholarship under a Rotary Club and State Government scheme for Aboriginal medical students in 2000.

"With Aboriginal health there is such a big problem," Aleeta said. "The more Aboriginal people we can get in medicine the better.

"If I can do it, other people can do it".

Aleeta, 42, started her studies when she was 29, taking breaks from degrees for family commitments, but graduated from Flinders University in December.

She said the support and friendship received from the Rotary Club had been invaluable.

When she finishes her internship at the Royal Darwin Hospital, she plans to train for a further four years to become a GP.

3rd Year Newcastle University – Medicine

Della Yarnold – "Earlier this year I undertook a Health Equity Selective in Darwin. The aim of my selective was to research the impact diabetes has on the Indigenous communities of Australia. A research project

DRUID was collecting data on the incidence and prevalence of diabetes in urban Aboriginal communities in the Darwin area.

I had a great time travelling with the DRUID team and the significance of diabetes for my people was highlighted in many ways. Having the Menzies School of Public health across the lawn from my accommodation was a bonus when looking at public health issues such as diabetes.

I also got to spend some time in the Royal Darwin Hospital, where (at this stage) I hope to do my internship. It is a great hospital with a wide variety of tropical and Indigenous health issues. My supervisor was Dr Michael Lowe and one of the trips I was able to take was a day trip to Daley River for a health clinic. The small plane I flew out in gave me an opportunity to see more of the NT and the community was fantastic to visit. The somewhat surreal combination of poor health and a world-class art gallery was a thinking point."



International Fellowship of Cricketing Rotarians

The International Fellowship of Cricketing Rotarians (Australia) hosted the 4th World Rotary Festival of Cricket in the beautiful Hunter Valley from the 7th to the 13th November, 2004.

Rotarians and their partners from the United Kingdom, India, Sri Lanka, New Zealand and for the first time Pakistan and South Africa joined their Australian hosts in the week long Festival of "Fun and Fellowship".

A highlight of the Festival was the Charity Night held on the Wednesday evening. Special guests were Arthur Morris, Sam Loxton and Neil Harvey members of the great 1948 "Invincibles" as well as Ken Archer a former Test player in the early 50's.

An auction on the night was generously supported by the 330 people present and \$10,000 was raised.

The surprise of the evening was the announcement that local Cessnock Rotarian and AMP Consultant Graham Lidbury had arranged a matching grant of \$10,000 by the AMP Foundation and

therefore a total of \$20,000 was raised on the night and that the International Fellowship of Cricketing Rotarians would be presenting this amount to the Australian Rotary Health Research Fund.



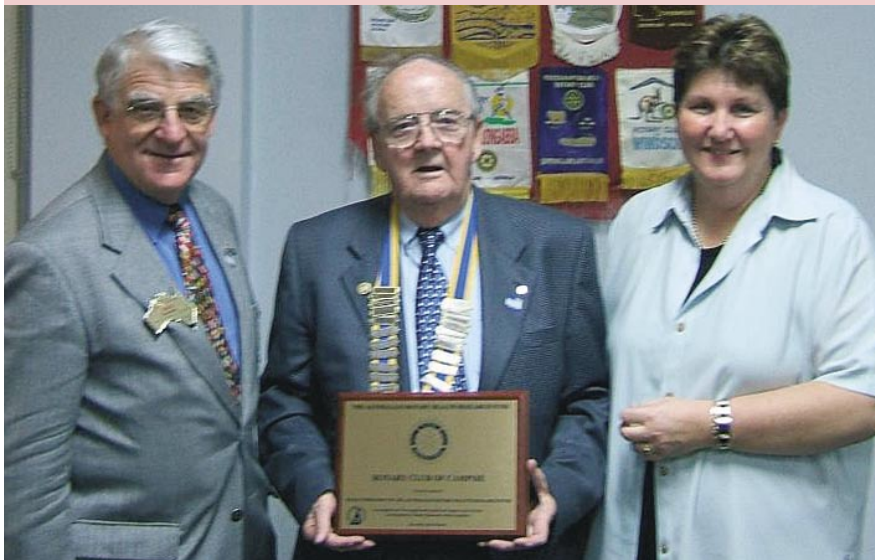
L to R – PP Peter Daly (Cessnock Rotary Club), Arthur Morris (Member of Don Bradman's Invincibles 1948 Tour), PDG Ted Atkinson (ARHRF), Neil Harvey (Member of Don Bradman's Invincibles 1948 Tour), Sam Loxton (Member of Don Bradman's Invincibles 1948 Tour), Graham Lidbury (AMP), Ken Archer (Member of Don Bradman's Invincibles 1948 Tour).

CAMPSIE JOINS ELITE GROUP OF GOLD COMPANIONS

At a recent meeting of the Rotary Club of Campsie NSW, in District 9750, President John Geers presented ARHRF CEO Joy Gillett with a cheque for \$10,000 as a donation to the Australian Rotary Health Research

Fund and joined the small but elite number of 14 Rotary Clubs that have given \$10,000 to the Fund, within a 12 month period, to become Gold Companions of the ARHRF. Well done Campsie!

Rotary District 9750 Governor Bob Richards, Campsie President John Geers and ARHRF CEO Joy Gillett



VALE

**PDG Clair Rogers,
Past Director
of the
Australian Rotary
Health Research Fund,
sadly passed away
in January.**

Clair served on the Board of the Fund in its formative years, from 1984 to 1987. Up until his death, Clair maintained a strong interest in the work of ARHRF and kept in regular contact. All those associated with the Australian Rotary Health Research Fund offer our condolences to Dot and her family.

COMPANIONS & FRIENDS OF THE FUND

Gold Companions – \$10,000

Gordon Harris – Rotary Club Albany Creek, Qld

Rotary Club of Campsie, NSW

Companions – \$5,000

Joseph Orlando – Rotary Club of Camberwell, Vic.

Fred Seoud – Rotary Club of Brighton, Vic.

Diamond Friends – \$2,500

Sylvia M. Caddy – Rotary Club of Northcote, Vic.

Ian D. Hall / Betty J. Hall – Rotary Club of Concord, NSW

Frank H. Gleason – Rotary Club of Belrose, NSW

Silver Friends – \$1,000

Peter Bates – Rotary Club of North Sydney, NSW

Jim Brown – Rotary Club of Wetherill Park, NSW

Bronze Friends – \$500

Keith Laslett – Rotary Club of Mt. Gambier, SA

Colin North – Rotary Club of Brighton, Vic.

John S. Tregurtha – Rotary Club of Glen Innes, NSW

Alan Currie – Rotary Club of Keilor East, Vic.

Brian Bragg / Joe Viglione – Rotary Club of Wetherill Park, NSW

Neil Guerin – Rotary Club of Kew, Vic.

Friends – \$100

Yvonne Williamson – NSW

Anne Webb / Lew Webb / Maxine Smith / David Gabb / Phil Zubrinich – Rotary Club of Whyalla Norrie, SA

Henk Landstra / Jen Landstra / Ian Salmon / Ross Warden / Margaret Warden / Trevor Lowes / Pam Pritchard / Denise Curry-Huon / Phillip Huon / Bob Burnett – Rotary Club of Turrumurra, NSW

Tony Hennessy – Rotary Club of Wynyard, Tas

Alan R. Cowan – Rotary Club of Taree, NSW

Barbara Lacey / Pam Davies / Jan Eades / Yvonne Moffitt – Rotary Club of Como Jannali, NSW

Dorothy Jackson – Rotary Club of Box Hill Central, Vic.

John Payne / John Corney / Wal Cooper / Graham Simons / Bruce Edwards / Olga Scaramuzzi / Helen Gibb / Graham Stevens

– Rotary Club of Epping, NSW

Ros O'Neill – Rotary Club of Moree-on-Gwydir, NSW

Robyn Stringer – Rotary Club of Kogarah, NSW

Anne Cullen / Peter Cullen – Rotary Club of Cronulla, NSW

Andrew Kenny / Graeme Amoore – Rotary Club of Moorleigh-Bentleigh East, Vic.

Alec Brown – Rotary Club of Port Macquarie Sunrise, NSW

Tony Castley – Rotary Club of Epping, NSW

Our Top Clubs

The following clubs are the highest contributors to the ARHRF since inception of the Fund.

The first named Club in each District is the highest 'all-over' contributor and the second named is the highest 'per capita' contributor.

Congratulations to these clubs for making this list!

District 9450 Perth (\$106,778), Scarborough Beach (\$17,338 = \$1,334 per member) **District 9460** Melville (\$92,182), Melville (\$92,182 = \$2,364 per member) **District 9470** Millpoint (\$33,162), Kenwick (\$25,234 = \$1,202 per member) **District 9500** Adelaide (\$237,469), Mawson Lakes (\$22,988 = \$1,768 per member) **District 9520** St Peters (\$77,762), St Peters (\$77,762

= \$1,555 per member) **District 9550** Darwin North (\$22,018), Mt Isa West (\$10,262 = \$855 per member) **District 9570** Mackay North (\$69,217) = \$1,538 per member) **District 9600** Toowong Brisbane West (\$44,347), Toowong Brisbane West (\$44,347 = \$2,609 per member) **District 9630** Ipswich North (\$27,587), Acacia Ridge (\$17,309 = \$1,236 per member) **District 9640** Stanthorpe (\$31,083), Mudgeeraba (\$24,098 = \$1,004 per member) **District 9650** Tuncurry Forster (\$143,946), Tuncurry Forster (\$143,946 = \$5,141 per member) **District 9670** East Maitland (\$48,681), Newcastle Harbour (\$48,643 = \$2,211 per member) **District 9680** Pennant Hills (\$130,293), Pennant Hills (\$130,293 = \$3,723 per member) **District 9690** Parramatta City (\$90,719), Parramatta City (\$90,719 = \$3,340 per member) **District 9700** Wollundry Wagga Wagga (\$45,388), Orange Calare (\$30,704 = \$1,279 per member) **District 9710** Belconnen (\$76,960), Belconnen (\$76,960 = \$1,637 per member) **District 9750** Caringbah (\$93,524), Caringbah (\$93,524 = \$1,585 per member) **District 9780** Geelong (\$75,581), Stawell (\$11,845 = \$987 per member) **District 9790** Preston (\$93,295), Preston (\$93,295 = \$2,455 per member) **District 9800** Balwyn (\$151,355), Balwyn (\$151,355 = \$2,132 per member) **District 9810** Croydon (\$158,926), Waverley (\$155,286 = \$5,546 per member) **District 9820** Pakenham (\$207,629), Pakenham (\$207,629 = \$5,191 per member) **District 9830** Central Launceston (\$55,603), Central Launceston (\$55,603 = \$1,183 per member)

(Membership numbers are based upon latest available figures and may not be current)



Australian Rotary
Health Research Fund
Post Office Box 779
Parramatta
New South Wales 2124

I wish to make a donation.

My details are as follows:

Name

Address

Postcode

Rotarian Tick if applicable

Please credit the

Rotary Club with this donation.

Enclosed is my cheque for \$

I authorise ARHRF, as a one-off donation, to deduct \$ from my credit card account

I authorise ARHRF to deduct a monthly/quarterly/annual donation of \$ from my credit card account

Bankcard Mastercard Visa American Express

.....

Expiry date

Signature