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Australian Rotary Health celebrated its thirty year Anniversary at Victoria's Moonee Valley on the 13th August.

At the celebration it gave us an opportunity to thank some of our supporters whose fund raising efforts have sent young doctors, nurses and researchers on their way to the gaining of new knowledge that allows them to make a difference to the lives of many Australians and their families.

During the dinner PDG Peter Lean was awarded the Australian Rotary Health Medal in recognition of his outstanding contribution and service to Australian Rotary Health. Peter has been involved with the annual race day in Sydney since its inception 21 years ago. He has been the driving force behind the annual golf day since it first started four years ago. Peter has been an ardent supporter of Australian Rotary Health since its beginning.



MC Greg Ross with Peter and Marion Lean



(L-R) Noel Trevaskis, Bruce McKenzie, Don Gordon, Joy Gillett and Ian Oliver

One of the inaugural committee members of Australian Rotary Health Research Fund, Past President Don Gordon honoured his wife Dot during the night by awarding her a Ruby Companion. Don and Dot have been ardent supporters of Australian Rotary Health since it was an original idea.

Supporting the careers of medical practitioners and researchers is at the heart of our organisation, made possible only through the continuous support of Rotary Clubs and Rotarians.

It was a privilege to be part of the two hundred supporters of Australian Rotary Health for the anniversary dinner. It is the continuing support of Rotarians and Rotary Clubs for Australian Rotary Health that will ensure that this organisation will continue for the benefit of all Australians.

Australian Rotary Health has contributed in a positive way to medical researchers and scholars in a variety of ways; this is our strength, helping these young people gain new knowledge and experience in their chosen area of research or medical training.

We can all be proud of our achievements with Australian Rotary Health all made possible because we are Rotarians.

Noel Trevaskis, Chairman

GUESS WHO'S JUST TURNED 30?

When Ian Scott addressed the Rotary Club of Mornington on June 17, 1981, he hoped that establishing a funding body for research would encourage researchers to investigate the cause of SIDS and prevent the grief it causes for hundreds of families.

30 years later Australian Rotary Health has survived a name change and funded over \$26 million of medical research, for which over \$10 million has been raised for areas of mental health, the main focus of Australian Rotary Health since 2000.

The \$2 million dollars worth of research support generated by Australian Rotary Health each year has seen some remarkable medical developments, particularly in areas of prevention.

The link between SIDS and the sleeping positions of babies and the use of imaging technology to monitor brain dysfunction in illnesses such as schizophrenia, Parkinson's

disease and attention deficit disorder (ADD) have all been discovered as a result of research projects funded by Australian Rotary Health.

Australian Rotary Health has funded close to 200 projects that examine the facets and service provision of mental disorders; only made possible thanks to the donations of their generous supporters. To promote the need for more research and to reduce the mental health stigma, Australian Rotary Health this year launched Hat Day, their first community action and awareness day, the success of which will see the initiative continue for years to come.

Aside from the celebration in Victoria's Moonee Valley, Australian Rotary Health marked their anniversary with the release of their second history book, 'With Health in Mind', which documents the achievements of the organisation since its inception 30 years ago.



Hat Day an all-round hit!

May 20 saw the launch of Hat Day, Australian Rotary Health's first action and awareness day for mental health research, a day designed to promote the need for more research into areas of mental health and reduce the stigma associated with mental illness.

The official Hat Day launch took place in Sydney's Martin place, marked by performances by the gravity defying Royalty Crew, Brittany Shipway and Caih-Michelle Gordon, along with appearances by John Burgess and Mike and Helena Bailey.

The day culminated with the breaking of the Guinness World Record for the most paper hats worn in a ten minute period, with 301 Sydney-siders, including the well represented Red Hat Ladies, improving the record by 51 people in a moment Australian Rotary Health feels justified Hat Day for all Australians.

"Breaking the world record has focused the community on Hat Day and the need to raise awareness about mental health and the importance of research" Hat Day Chairman, Dick White says.

Hat Day celebrations were continued all throughout Australia with a range of Rotary clubs donning hats to support the cause. Hats popped up at tea parties and dinners from Brisbane to Brighton Beach, Tennant Creek to Cronulla and Mill Point to Wollundry as well as being

worn and passed around from Blacktown to Williamstown, to Orange and Narellan, who all got their communities well involved in the Hat Day spirit.

" Breaking the world record has focused the community on Hat Day and raising awareness about mental health and the need for research. "

And it was a case of 'Hat Week' in Bega, thanks to their Rotary Club organising a four day festival that involved creating, wearing, looking at and launching hats all around the town.

Everything was present, from the Red Café Knitters and the Bega Valley Spinners and Weavers Group holding a hat-making competition; to local designer Polly Crowden holding a fashion show that launched her latest collection of hats and fashion. The Bega Pioneers Museum

also held a 'hats of history' exhibit as did the Bega Library who displayed 'hats from around town' to commemorate the occasion.

Not to be outdone, the Rotary clubs of Taree joined forces with Carer Assist and turned the whole town 'Hatty', raising a combined effort of \$1,226 in donations.

The 'Taree Team', comprised of representatives from The Rotary clubs of Taree North, Taree and Taree on Manning got the entire Taree CBD on board, decorating every shop front as well as The Greater City of Taree Library with promotional material in the lead up to the official Hat Day on the 20th of May.

All of Taree, from the local print, radio and TV news teams, to the Local Mayor got behind Hat Day in a fantastic display of community support which Rotary Club of Taree North member, Beth Fuller, says was their main objective.

"It's the first time in many years that I can recall this level of support" she says.

"Watch this space for bigger and better activity for Hat Day 2012."



“ Now the support of the general community is needed to help us fund our researchers. ”



Above: Australian Rotary Health Chairman Noel Trevaskis (far left) celebrates Hat Day with some fellow Guinness World Record breakers in paper hats and ‘Hat Parade’ winner, Lyndal Wilson (third from the left).

Thanks to hat-wearers everywhere, close to \$120,000 has been donated to further research into mental illness, a figure Australian Rotary Health aims to improve on next year when Hat Day comes again on the 18th of May.

“Australian Rotary Health has worked hard in gaining the support and awareness of Rotarians to recognise the need for more research into the causes and treatment of mental health issues,” Dick White explains.

“Now the support of the general community is needed to help us fund our researchers.”

All Australians will be encouraged to stop keeping mental health issues ‘under their hat’ by participating in the event and wearing a hat to show their support on Hat Day 2012, when Hat day comes back bigger and better next time around

“This year we set the foundations, and next year we hope to build on the awareness and goodwill that is apparent in the community to assist in seeking answers to the scourge of mental illness,” Dick says.





Geoff Kennedy laid to rest

Australian Rotary Health is mourning the loss of one of its most avid supporters following the death of Geoff Kennedy, past president of the Rotary Club of Healesville on the 7th of April, 2011, aged 63.

Geoff Kennedy's contribution to Australian Rotary Health, from Rotary member to event organiser and advocate for the Rotary Friendship Exchange program, has ensured that his passionate yet measured approach to community service will be sorely missed.

Geoff, a loving husband to Jennifer, father to Janine, Angela and Sharon and grandfather to Ella, Hannah and Emily, was renowned among the Rotary and wider community for his positive attitude and tireless involvement as Ride Director for the 'Great Australian Bike Ride' that toured Australia in 2010, raising \$250,000 in donations for Australian Rotary Health.

Made a Paul Harris Fellow and also awarded the 2009 Australian Rotary Health Medal for outstanding service to Australian

Rotary Health, it is certain that Geoff's illness was no match for his charitable nature, evident through his long list of private community involvements including the presidency of Healesville football club, the Healesville Hospital show, the Race Club and his election as a councillor for the Shire of Healesville in 1988, where he served with fellow councillor Di Moore.

"He sought to drive change, but as a leader more than a driver. He was a man who inspired loyalty," she said.

In a moving tribute to Geoff following his funeral service, the former 'Great Australian Bike Ride' riders formed a guard of honour to farewell Geoff on his final journey as the funeral procession passed through Healesville Cemetery on April 14.

"He sought to drive change, but as a leader more than a driver. He was a man who inspired loyalty."



When would you ever face a mental health crisis?

One in five Australians will experience a mental illness, meaning anyone who lives or works with at least five people faces the risk of meeting a mental health crisis at home or in the workplace.

Australian Rotary Health is an active supporter of Mental Health First Aid, an award winning course developed by Betty Kitchener and Professor Anthony Jorm designed to educate Australians in how to recognise the symptoms of mental illness and how to approach someone experiencing a mental health related crisis, such as an anxiety attack.

A two-day course is made available through Australian Rotary Health for Rotary Clubs to organise and attend within their communities. Among previous participants is the Rotary Club of the Barossa Valley member Rosemary Forgan, who recruited attendees from the wider community to join the experience.

"I think it is extremely important that everyone knows more about mental health," she says.

"More people should have the knowledge of how to notice and how to assist another person with mental illness and demystify what mental illness is," Rosemary explains.

Rosemary, who is also a member of Relationships Australia, found the explanations given within the course allowed for a deeper understanding of the chemical effects of mental illnesses such as depression, allowing the participants to see these disorders as illnesses with symptoms and involuntary consequences.

"We did physical activities where everyone would stand at various points of the room to illustrate brain function and show what happens in the mind of someone with depression, which I thought was the most valuable part of the course," Rosemary says.

"Everyone was able to appreciate the course even with various levels of prior knowledge on the subject."

"Everyone should do it!"

For more information about Mental Health First Aid, please contact Cheryl Deguara, Programs Coordinator by phone, 02 8837 1900 or email cheryldeguara@australianrotaryhealth.org.au.

CLUB PROFILE:

The Rotary Club of Waverley, Victoria



Since 1996, Christmas Cards have been an institution at the Rotary Club of Waverley, with members organising multipacks of ten religious and festive themed cards to be widely sold at Christmas time with the proceeds going to Australian Rotary Health.

The idea for producing the cards, each branded with the Rotary logo on the back, began when Fred Hay of the Rotary Club of Waverley received a similar card from Jim Spear, an American Governor and Rotarian, and decided to emulate the idea for Australian Rotary Clubs.

"It was a great idea and a great way to get the logo out there and sell cards for money for Australian Rotary Health," Fred says.

"People had tried it before but I had a few good contacts so we tried it again and it worked, then the club got involved."

Christmas is now all about charity for the Victorian club with the Christmas Card service becoming an effective and functional way for people to donate to Australian Rotary Health in the Christmas spirit, with cards generating approximately \$700,000 in donations over the years.

Despite selling around fifty-four thousand Christmas Cards last year, Fred is now hoping to make them a part of the digital climate.

"The cards aren't as popular as they once were now that people send online cards and emails at Christmas," Fred explains.

"We are organising online cards to go out soon to make up for this."

Personalised messages within the card are available upon ordering. Purchase forms are available from August to download from www.australianrotaryhealth.org.au or from your local Rotary Club.



Australian Rotary Health CEO Joy Gillett receives a cheque from the Rotary Club of Waverley.

Our first City2Surf!

Australian Rotary Health has conquered the 14km 2011 Sun Herald City2Surf!

On Sunday the 14th of August, a record crowd of 85,000 braved the wet to take part in the world's largest fun run and Sydney's most anticipated sporting event, the Sun Herald City2Surf.

Amidst the colourful characters participating was a small group brandishing the Australian Rotary Health logo and the Treasurer of the Rotary Club of Parramatta City, Keith Henning.

Keith and his wife Glennis were the highest fundraisers for Australian Rotary Health, raising a combined \$600 of the near \$2000 in

donations raised in total for Australian Rotary Health.

With the efforts of this year's participants acting as a launch pad, Australian Rotary Health aims to enter a larger team of runners into the 2012 City2Surf and raise even more funds for research.

To be involved in the 2012 City2Surf or other fundraising events, contact Jacqueline Mercieca, Media and Communications Officer, on (02) 8837 1900 or email jacquelinemercieca@australianrotaryhealth.org.au



Keith Henning



Rotary Racing turns 21

Australian Rotary Health's 21st annual race day is on next March! Join us at the races to celebrate the occasion all while raising money for research.

489 people enjoyed a spectacular day of racing entertainment at this year's 20th annual Race Day held on the 21st of May.

Ladies donned hats to support the previous day's launch of Hat Day for mental health research, as they watched New Zealand thoroughbred 'Klose' take out 'The Australian Rotary Health Handicap (1400m)'.

Bookings are now available for Australian Rotary Health's 21st annual Race Day festivities next year on May 12 at Rosehill

Gardens. Family and friends are welcome to the occasion culminating with the feature race of the day, the 'Lord Mayor's Cup', all in support of a worthy cause.

Ticket prices include entry, a three course meal to be held in the Grand Pavillion and alcoholic and non alcoholic drinks.

For more information contact Jenny Towe, Office Manager, on (02) 8837 1900 or email jennytowe@australianrotaryhealth.org.au

'Tis the Season...

Christmas is fast approaching which means Australian Rotary Health's annual Christmas dinner is also on its way.

To celebrate our achievements this passing year, Australian Rotary Health is inviting all their friends and their families to the 2011 Christmas Dinner to be held on the 7th December at the Epping Club, Sydney, NSW.

Guests will have the opportunity to mingle with some of Australian Rotary Health's current researchers and scholars, and catch up with friends from other clubs.

Highly regarded author and Australia Day Ambassador Dr. Tim Sharp, better known as 'Dr. Happy', will be the guest speaker of the event.

Dr. Sharp has taught at all leading NSW universities and is an Adjunct Professor in Positive Psychology at the University of Technology, Sydney and the Royal Melbourne Institute of Technology, and earned his 'Dr



Happy' nickname after developing the 'Positive Psychology' subject as part of the Wellness degree.

Caiti/Michelle Gordon will also be present to perform a musical interlude on the night.

For tickets or more information, contact Jenny Towe (02) 8837 1900 or email jennytowe@australianrotaryhealth.org.au



Swing into action!

Polish up the golf clubs! Australian Rotary Health is set to hold its 6th annual Charity Golf Day on the 2nd of March, 2012.

Whether you've been practicing your swing since last year or not, Australian Rotary Health's 6th Golf Day provides a great opportunity to raise money for much needed research all while enjoying a friendly round of golf and a delicious dinner in an enjoyable day at the Riverside Oaks Championship course surrounded by natural bush land.

Tickets for both the golf day and dinner are priced at \$200 or just \$140 for the round of Golf.

For more information contact Terry Davies, Corporate Manager, on (02) 8837 1900 or email terrydavies@australianrotaryhealth.org.au

Scholars and researchers: where are they now?

Dr. Felice Jacka



Six years after Australian Rotary Health commenced funding her PhD project, former Ian Scott scholar Dr. Felice Jacka has completed a study entitled 'Association of western and traditional diets with depression and anxiety in women' which has found a definite link between the foods we eat and our state of mind.

“It’s really the first time that medical science has shown the impact of habitual diet may extend to mental health as well as physical illness”

The breakthrough findings which have seen Dr. Jacka listed in the “The Year in Psychosis and Bipolar Disorder: The Most Important Studies of 2010” are the first indication of a connection between lifestyle factors and mental disorders.

“It’s really the first time that medical science has shown the impact of habitual diet may extend to mental health as well as physical illness,” Dr. Jacka explains.

The study broke down common food items into three distinct

categories; the “traditional” diet, comprised of vegetables, fruit, meat and whole-grain foods; the “western” diet which included processed food, sugar, flavoured drinks, and beer; and the “modern” diet comprised of salads, fish, nuts, yogurt, and red wine.

The study found that women who habitually ate the ‘traditional’ diet were 35% less likely to develop depression and 32% less likely to develop anxiety related disorders, compared to those more prone to

eating from the ‘western’ diet.

“This study has flagged a shift in the thinking psychiatry to the possibility of prevention rather than just a continuing focus on treatment,” Dr. Jacka says.

Dr. Jacka is now participating in research that will determine whether improving dietary habits will improve or possibly prevent common mental health disorders, with findings that could provide the basis of a public campaign promoting the importance of a healthy lifestyle.

Dual benefits for epilepsy patients

1% to 3% of the Australian population will be affected by epilepsy, a neurological disorder proven to be linked to illnesses such as depression and mental impairment that without effective seizure control can be quite debilitating.

An Australian Rotary Health funded study undertaken by PhD candidate Melissa Benson, Doctor Karin Borges, Doctor Jens Kroemer and Doctor Nicola Thomas of the University of Queensland, is attempting to investigate how effective the intranasal delivery of the drug PMX53 is as an anti-epileptic and anti-convulsant treatment.

The study aims to unearth a treatment that provides relief for the 30% of epilepsy patients who do not receive any seizure relief through their current treatment.

“No drugs are available to stop oncoming seizures, therefore, there is a critical need to develop new anti-epileptic drugs specifically for patients who still suffer from seizures,” Melissa says.

Recent studies have shown that PMX53 is an antagonist to the C5a receptor and its complement CD88 receptor, leading researchers to believe the drug may act as an anti-convulsant in the treatment

of epilepsy.

“Preliminary data has suggested that treatment with PMX53 directly after the seizure event leads to decreased neuronal loss, indicating a neuroprotective effect,” Melissa says.

There are also high expectations among researchers that PMX35 will have strong counter effects on the symptoms of depression which will be examined through established behavioural tests on mice assessing levels of anxiety, learning and memory depression.

The findings of her research could change treatment patterns and may prove invaluable to the high percentage of epilepsy patients also diagnosed with depression, who experience adverse symptoms when taking anti-epileptic drugs and anti-depressants.



PLAQUE presentations



Dr. Monique Robinson, recipient of the Colin Dodds Fellowship for her project ‘Early influences on child and adolescent mental health problems: A life course approach to prevention and intervention’, receives a plaque from Australian Rotary Health Director Graham Brown. Former Australian of the Year, Professor Fiona Stanley, also attended the event.



Chairman of District 9650 Bowelscan Committee, Kevin Sharp presents Bowelscan PhD Scholarship recipient Amy Louise Martin with a plaque for her study ‘Elucidating genetic predispositions to hereditary non-polyposis colorectal cancer (HNPPCC)’.



Retirement...

Probus, a community service activity of Rotary Clubs, is an association for active retirees who join together in clubs that provide regular opportunities for members to keep an active mind and body.

Recent retirees can find themselves struggling with the lifestyle change. Faced with a lot more time on their hands than usual, it is not uncommon for feelings of isolation and doubt of self worth to become encompassing, occasionally leading to symptoms of depression.

Though mainly associated with the mental health of young Australians, depression and suicide are very common in older Australians, with more men aged 85 and over dying as a result of suicide than any other age group, and women aged over 65 years as equally likely to attempt suicide as they are at any other age.

Finding support in social outlets and communication is an effective way for the retired community to continue to enjoy the next stage of their lives

Probus meets the needs of retirees by providing opportunities to keep their minds active, expand their interests, stay healthy through activities, benefit from training programs and network between like minded people.

For more information about Probus please visit www.probusouthpacific.org, email admin@probusouthpacific.org or call toll free within Australia 1800 630 488 or 02 9806 0100

Getting over the adjustment

After taking the time to adjust to a new setting, student doctor and Indigenous Scholarship holder Haylee Solomons is finding her dream is well in reach thanks to the opportunities she has been able to seize in a rural setting.

'hump'



After researching violence in Indigenous communities for a university assignment, Haylee was drawn to the possibilities of what studying in a rural setting could bring.

"I spent some time in rural NSW and I could see myself practicing here upon completing my degree," she says.

Having experienced wave after wave of opportunity, Haylee credits her scholarship from Australian Rotary Health, funded thanks to the Rotary Club of Fairy Meadow, NSW, with opening a number of doors and allowing her the freedom of focusing on her academic experience.

"The scholarship has made all of the difference to my learning," a grateful Haylee explains. "Medical textbooks aren't cheap and

are never available to borrow from the library."

"With such a full-on course load the studying follows you home, so having the Rotary scholarship money means that I don't have to worry about working hours that I can't spare."

"You aren't just a number in Coffs Harbour and the staff take care of you like you are part of a big family."

Now there is no turning back for Haylee as she settles in to the community of Coffs Harbour, enjoying her learning at the Rural Clinical School and keeping herself busy by

coaching figure skating at the iconic 'Big Banana'.

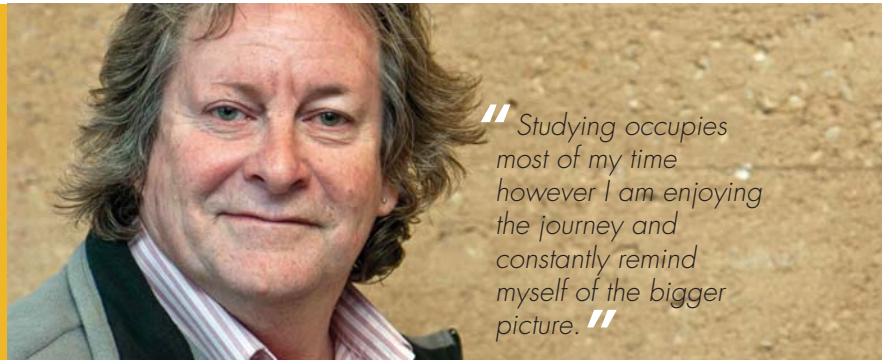
"The teaching is more personal with smaller class sizes and good support is available. You aren't just a number in Coffs Harbour and the staff take care of you like you are part of a big family," she says.

Haylee now is making the decision of where to complete the remaining two years of her studies including an eight week placement that can be undertaken anywhere in the world.

"I love it in Coffs Harbour," she says. "But my next move is deciding where I want to be for the next two years."

Answering the call of the community

Stephen Bell had his doubts about becoming a doctor until a placement at Namatjira Haven, a rehabilitation centre, bought him face to face with Aboriginal men seeking treatment for drug and alcohol abuse.



"Studying occupies most of my time however I am enjoying the journey and constantly remind myself of the bigger picture."

Stephen's exposure to the realities of indigenous treatment facilities forced him to notice a strong desire from the patients to be treated by medical staff who could relate to them on a personal and cultural level.

"I listened to their stories and saw the need for more Aboriginal medical staff" he explains.

Having faced his own personal hardships, Stephen has been able to identify with the feelings of disconnectedness and worthlessness had by some Aboriginal patients and feels 'ignited' by his ability to help them.

"I've been guided by spirit to undertake this five year medical journey and the knowledge I am learning only ignites my passion to help our people even more."

Being an Indigenous Health Scholarship holder has had a great impact on Stephen's learning experience, providing him enough financial assistance to purchase medical equipment, textbooks and medical DVD's.

"I would like to thank the Rotary Club of Orange, NSW, for their financial support," he says. "It has given me great peace of mind knowing there is financial assistance when required."

Stephen is relishing his learning experience in the hopes of returning to Bundjalung Country to begin work as an Aboriginal practitioner armed with the knowledge of how to make culturally appropriate decisions in Indigenous health that will allow patients to feel safe and respected during treatment, a thought that makes managing his study load a little easier.

"Studying occupies most of my time, however I am enjoying the journey and am constantly reminding myself of the bigger picture," he says.

AUSTRALIAN ROTARY HEALTH IS GOING DIGITAL

If you would prefer to receive our **Annual Report** and **'Update'** newsletter via email from now on, please tick the appropriate box.

Name..... Address:

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I wish to receive electronic versions of:

- The Australian Rotary Health Annual Report
- The Australian Rotary Health 'Update' newsletter
- I am aware I can find these items at www.australianrotaryhealth.org.au and no longer wish to receive a copy
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AUSTRALIAN ROTARY HEALTH Post Office Box 3455, PARRAMATTA NSW 2124 Fax: 02 9635 5042



Friends & Companions Cumulative donations from March - June 2011

Ruby Companion - \$20,000

Dot Gordon
Rotary Club of Mornington, VIC

Companions - \$5,000

Jack Olsson
Rotary Canberra, ACT
RI District 9690
Paul Tuck
ARH Race Day
David Ball
Rotary Club of Liverpool, NSW
Susan Wilson/Betty Graham
Rotary Club of Pennant Hills, NSW

Diamond Friends - \$2,500

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Rotary Club of Bendigo, Vic
Francis Hendry (deceased)
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Lee Feldman
Rotary Club of Dandenong East, Vic.
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Douglas Donald Strain
Rotary Club of Adelaide, SA
Arthur Jeffries
Rotary Club of Tea Tree Gully, SA
Peter Laurantus
Rotary Club of Wauchope, NSW
Fay Duncan
Rotary Club of Mosman, NSW
Robert Falconer
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Rotary Club of Port Macquarie West, NSW
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Bronze Friends - \$500

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Geoff Saville/Vivienne Corney/
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Norman Edwin Taylor
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Fay Browning
Rotary Club of Hawkesbury, NSW
V Mullin
No Club, NSW
Russ O'Malley
Rotary Club of Ashgrove/The Gap, Qld.
Lindsay Faulkner/David
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John Reynolds
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Rotary Club of Tea Tree Gully, SA
Kevin Bouffler
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Geoff Robinson
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Jan Koroloff
Rotary Club of Ashgrove/The Gap
David Stevenson
No Club, NSW
Betty Gebert
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John Ritchie
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Cameron Kirton
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Bill Waterfield OAM
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CR Gramp
Rotary Club of Barossa Valley, SA
Joy Clinch
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Dr Andrew Ling
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John Mudgway
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Manuel Schembri
Rotary Club of Wetherill Park, NSW
Meryll Tupicoff
Rotary Club of Sumner Park, Qld.
Dot Seller/Marg McLean
Rotary Club of Somerville Tyabb, Vic.

Friends - \$100

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Rex AH Fletcher/Barbara Beed
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Graeme Davies
Rotary Club of Kincumber, NSW
Shin-Yi Ng
No Club, NSW
Terence Walter Rogers
Rotary Club of Redcliffe City, Qld
David Brawn
Rotary Club of Sydney CBD, NSW
Richard Garner/Linda Heywood/
Nathan Rosenbaum/
Rowena Galvin
Rotary Club of Hampton, Vic.
Al Pilley/Terry Stephens
Jan Raitray/Michele Oscar
Rotary Club of Glen Waverley, Vic.
Paul Cassidy/Michael Jacobs/
Leigh Eley
Rotary Club of Boronia, Vic.
Brent Oehm/John Hocking
Rotary Club of Monash, Vic.
Colin Arthur/Glyn Denison
Ruth Marquis/Jacqueline Minney
Rotary Club of West Perth, WA
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Fran Wilson
Rotary Club of Walkerville, SA
Susanne Marie/Rod Cooper/
Mark Higgins/Adam Trengove
Rotary Club of Stirling, SA
Patricia Rees
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Michele Alexander/Gerard
Dornford/John Mania/Oscar
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