

The History of Australian Rotary Health...



In 1985, Ian Scott, a member of the Rotary Club of Mornington Victoria, envisaged a monetary fund raised by Australian Rotarians to provide funds for research – initially into Cot Death.

This became Australian Rotary Health, the largest national Australian Rotary community service program. It has now allocated over \$26 million to research, awareness and education.

From 2012, the focus of research grants will be: “The Mental Health of Young Australians”.

Mental Illness

‘Mental illness’ and ‘mental disorder’ refer to a medically diagnosable range of disorders that result in a significant impairment of a person’s thinking – or emotional/relationship abilities.

Mental Health

Mental Health means emotional and mental well being. Mental health is much more than the absence of Mental Illness. It is the realisation of a person’s potential and the sense of wellbeing.

Australian Rotary Health has now allocated over \$26 million to health research, awareness and education.

Current Mental Health Projects...

Mental Health First Aid

Accredited Mental Health First Aid courses are now offered to communities through local Rotary Clubs. This program is supported by the Commonwealth Government.

Mental Illness Research Grants

Australian Rotary Health provides research project grants for up to three years per project.

Mental Illness Research PhD Scholarships

Funding is also available for PhD research studies.

Mental illnesses are just like other illnesses such as heart disease, diabetes and asthma. Unfortunately, the sympathy and support provided to people with a physical illness is often denied to those with a mental illness.

The Ian Scott Scholarship program – named after the founder of Australian Rotary Health – provides financial support to PhD students conducting research into mental health.

Mental Illness Post Doctoral Fellowships

Australian Rotary Health also offers three Fellowships of three years duration, to early career researchers in the area of Mental Illness. These are named after the first three chairmen of Australian Rotary Health: Royce Abbey Postdoctoral Fellowship, Geoffrey Betts Postdoctoral Fellowship, Colin Dodds Postdoctoral Fellowship.

Myths, misunderstanding, negative attitudes and stereotypes surround the issue of mental illness. They result in stigma, isolation and discrimination.



Other current Health Projects...

Indigenous Health Scholarships

This program assists Indigenous Australians who are undertaking a health related university course. An annual scholarship of \$5,000 – provided jointly by Rotary clubs and Government is awarded to

Former Indigenous Scholar, James Charles, now a podiatrist, with patient.



the student to try and encourage more Indigenous people to become doctors and health professionals – eventually providing better medical care in the remote areas of Australia.

Scholarships for Medical and Nursing Students in Rural Areas

Rural Medical Scholarships and Rural Nursing Scholarships provide an incentive for students to complete their final years in a rural or remote area.

Scholarships for Medical and Nursing Students in Rural Areas are supported by private benefactors and individual Rotary Clubs.

Funding Partners: Research in all Health Areas – PhD Scholarships

The Funding Partners program helps to provide funds for medical research in areas other than mental illness. If a Rotary club wants to provide funding for a particular area of research – for instance heart disease, Australian

Rotary Health will also contribute and arrange contributions from the scholar’s university.

Doctor Claire Langford cares for a premature baby at the Spencer Gulf Rural Medical School.



Dr Timothy Silk, Ian Scott PhD Scholar, Melbourne University – ADHD research.



www.australianrotaryhealth.org.au

Australian Rotary Health is a registered charity, conceived by a Rotarian and supported by most Rotary Clubs in Australia.

However, it is NOT exclusive to Rotarians.

Australian Rotary Health is governed by an honorary Board of Directors and advised by an honorary Research Committee of eminent medical research professionals, most of whom are not Rotarians.

Anyone can become a “Friend of Australian Rotary Health” and any tax deductible donation made is recorded and credited to the donor. “Friends” become “Companions” as their donations increase.

To become a “Friend”, complete the coupon on the reverse side and enclose your remittance, which will continue to work in perpetuity funding health research projects similar to the projects shown in this leaflet.



Dr Giles Plant, Funding Partner researcher, University of WA – Spinal Cord research.



Dr Brian Tse, Funding Partner PhD scholar, University of NSW – Prostate Cancer research.

Supporting healthier minds, bodies and communities through research, awareness and education.

www.australianrotaryhealth.org.au



You can help improve the health of all Australians

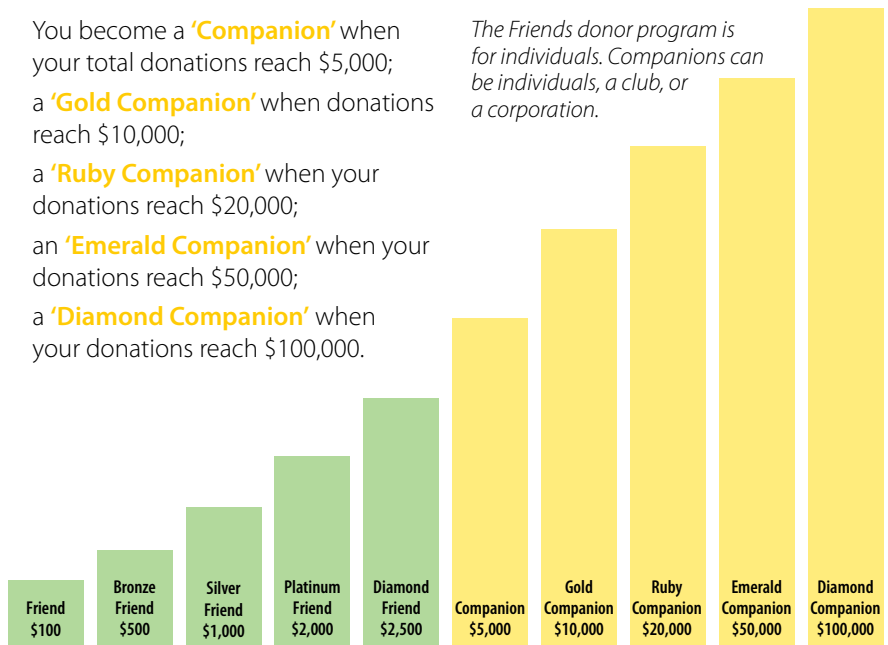
Become a 'Friend' or 'Companion' of Australian Rotary Health...

Any donation to Australian Rotary Health is a start. All donations you make are accumulative.

You become a **'Friend'** when your total donations reach \$100;
a **'Bronze Friend'** when donations reach \$500;
a **'Silver Friend'** when donations reach \$1,000;
a **'Platinum Friend'** when your donations reach \$2,000; and a **'Diamond Friend'** for total donations of \$2,500 or more.

You become a **'Companion'** when your total donations reach \$5,000;
a **'Gold Companion'** when donations reach \$10,000;
a **'Ruby Companion'** when your donations reach \$20,000;
an **'Emerald Companion'** when your donations reach \$50,000;
a **'Diamond Companion'** when your donations reach \$100,000.

The Friends donor program is for individuals. Companions can be individuals, a club, or a corporation.



Your Reward:

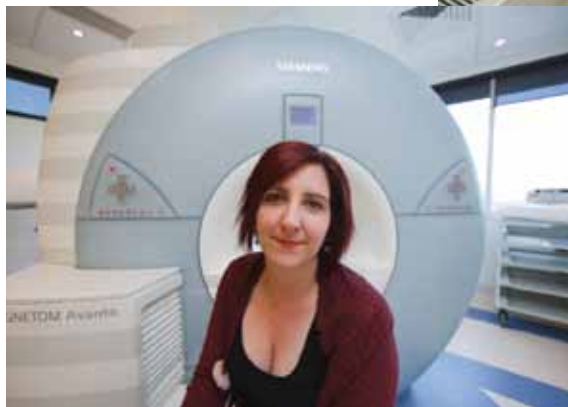
- You will have the pleasure of knowing that your contribution is significant in ensuring that Australians of all ages, from all walks of life, will lead healthier lives.
- Your name will be included on a permanent register of 'Friends' or 'Companions' of Australian Rotary Health.
- You will receive a certificate and a distinctive lapel badge each time you reach a new level of total contributions.
- You will receive regular Newsletters and updates about Australian Rotary Health.
- Your much valued donation is fully tax deductible.

Make a start today!

Make a single donation using the form attached, or you can authorise a regular deduction: monthly, quarterly or annually via your credit card. Australian Rotary Health will keep a record of all donations you make and your standing will be upgraded according to your total contributions.



Above: Dr Anna King, Funding Partner PhD scholar, University of Tasmania, Motor Neuron Disease research.



Left: Dr Amanda Wood, Murdoch Children's Research Institute Victoria, Geoffrey Betts Post Doctoral Fellow – Mental Health in Children.

Detach and post to Australian Rotary Health, PO Box 3455 Parramatta NSW 2124

www.australianrotaryhealth.org.au email: admin@australianrotaryhealth.org.au

I wish to become a 'Friend of Australian Rotary Health

First Name(s): _____ Surname: _____

Address: _____ State: _____ P/C: _____

(Rotarian only) Please have my donation credited to the Rotary Club of: (_____)

Enclosed is my cheque for \$ _____

I authorise Australian Rotary Health to deduct a one off donation of \$ _____ from my credit card account.

I authorise Australian Rotary Health to deduct a monthly quarterly annual payment of \$ _____

Mastercard Visa Amex Diners card No: _____ Expiry date: ____/____/____

Signature: _____ Please send me information on how to make a bequest.



www.australianrotaryhealth.org.au

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Australian Rotary Health is a multi-District program of the Rotary Districts of Australia

Australian Rotary Health is a registered charity. Donations of \$2 or more are tax deductible.